



# Pharmacy First Ayrshire

## Healthcare without an appointment

Your pharmacist can offer advice and treatment for common clinical conditions, including:

- indigestion
- cold
- warts / verruca
- cold sore
- diarrhoea
- hay fever

Pharmacy First Ayrshire can also provide advice and / or treatment free of charge for:

- some urinary tract infections in women aged 16 to 65;
- skin infections; and
- shingles.

Your pharmacist can also help you with:

- stopping smoking; and
- emergency contraception and sexual health.

As an expert in medicines, your pharmacist can give you advice on your prescribed medicines and how to get the most benefit from them.



### NHSScotland Minor Ailment Service

Ask pharmacy staff about the NHSScotland Minor Ailment Service. The pharmacist may supply medicine after a consultation, if needed, free of charge.

Your pharmacist can also advise if you need to see your GP.

